
Wen-Harn Pan, PhD , FAHA (潘文涵)
Distinguished Research Professor
Institute of Biomedical Sciences, Academia Sinica
Taipei 11529, Taiwan
Tel: +886-2-2652-3042
Fax: +886-2-2782-3047
E-mail: pan@ibms.sinica.edu.tw



Education

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| 1980-1983 | PhD, Nutritional Epidemiology, Division of Nutritional Sciences, Cornell University, USA |
| 1977-1979 | MS, Nutritional Biochemistry, Division of Nutritional Sciences, Cornell University, USA |
| 1972-1976 | BS, Agricultural Chemistry, National Taiwan University, Taiwan |

Professional Experiences

Main appointments

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| 2017-Present | Distinguished Research Fellow, Institute of Biomedical Sciences, Academia Sinica |
| 1994-2017 | Research fellow, Institute of Biomedical Sciences, Academia Sinica |
| 2011-2013 | Investigator and Director, Division of Preventive Medicine and Health Services research, Institute of Population Health Sciences, National Health Research Institutes, Taiwan |
| 1987-1994 | Associate Research Fellow, Institute of Biomedical Sciences, Academia Sinica, Taiwan |

Others

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| 2013- present | Adjunct Investigator, Division of Preventive Medicine and Health Services research, Institute of Population Health Sciences, National Health Research Institutes, Taiwan |
| 2013-present | Joint Appointment Professor in Institute of Public Health , National Yang-Ming University, Taipei, Taiwan |
| 2012 | Editor-in-Chief for Asia Pacific Journal of Clinical Nutrition |
| 2011-2013 | Investigator and Director, Nutrition Medicine Research Program, Institute of Population Health Sciences, National Health Research Institutes, Taiwan |
| 2010-present | Joint Appointment Professor in Department of Biochemical Science and Technology, College of Life Science, National Taiwan University, Taipei, Taiwan |
| 2003-2010 | Joint Appointment Professor in Institute of Microbiology and Biochemistry, College of Life Science, National Taiwan University, Taipei, Taiwan |
| 1987-1996 & 2006 | Division Coordinator, Division of Epidemiology and Public Health, |

	Institute of Biomedical Sciences, Academia Sinica, Taiwan
1995-1996	Director, Office of Survey Research, Academia Sinica, Taipei, Taiwan
1995-present	Joint Appointment Professor in Institute of Epidemiology and Preventive Medicine, College of Public Health, National Taiwan University, Taipei, Taiwan
1988-1995	Joint Appointment Associate Professor, Department of Public Health, National Taiwan University Medical School, Taiwan

Honor and Awards

2015	Outstanding Contributions in Science & Technology Award of Executive Yuan, Taiwan
2014	International Fellow of American Heart Association (FAHA)
2014	Contribution Award given by Ministry of Health and Welfare, Taiwan
2010	Life Time Achievement Award, APCNS (Asia Pacific Clinical Nutrition Society)
2010	36th Merit Award for Nutrition Promotion and Education by Taiwan Nutrition Society

Selected Publications

Biradar MI, Chiang KM, Yang HC, Huang YT, **Pan WH***. The causal role of elevated uric acid and waist circumference on the risk of metabolic syndrome components. *Int J Obes (Lond)*. 2020; 44(4):865-874.

Wang LJ, Yu YH, Fu ML, Yeh WT, Hsu JL, Yang YH, Yang HT, Huang SY, Wei IL, Chen WJ, Chiang BL, **Pan WH***. Dietary Profiles, Nutritional Biochemistry Status, and Attention-Deficit/Hyperactivity Disorder: Path Analysis for a Case-Control Study. *J Clin Med*. 2019;8(5),709.

Chiang KM, Tsay YC, Vincent Ng TC, Yang HC, Huang YT, Chen CH, **Pan WH***. Is Hyperuricemia, an Early-Onset Metabolic Disorder, Causally Associated with Cardiovascular Disease Events in Han Chinese? *J Clin Med*. 2019 Aug 12;8(8)

Hsieh TJ, Su SC, Chen CW, Kang YW, Hu MH, Hsu LL, Wu SY, Chen L, Chang HY, Chuang SY, **Pan WH***, Hsu CC*. Individualized home-based exercise and nutrition interventions improve frailty in older adults: a randomized controlled trial. *Int J Behav Nutr Phys Act*. 2019;16(1):119.

Chuang SY, Lo YL, Wu SY, Wang PN, **Pan WH***. Dietary Patterns and Foods Associated With Cognitive Function in Taiwanese Older Adults: The Cross-sectional and Longitudinal Studies. *J Am Med Dir Assoc*. 2019;20(5):544-550.

Wu SY, Hsu LL, Hsu CC, Hsieh TJ, Su SC, Peng YW, Guo TM, Kang YW, **Pan WH***. Dietary education with customised dishware and food supplements can reduce frailty and improve mental well-being in elderly people: A single-blind randomized controlled study. *Asia Pac J Clin Nutr*. 2018;27(5):1018-1030.

Pan WH*, Lai YH, Yeh WT, Chen JR, Jeng JS, Bai CH, Lin RT, Lee TH, Chang KC, Lin HJ, Hsiao CF, Chern CM, Lien LM, Liu CH, Chen WH, Chang A. Intake of potassium- and magnesium-enriched salt improves functional outcome after stroke: a randomized, multicenter, double-blind controlled trial. *Am J Clin Nutr*. 2017;106(5):1267-1273.

Lo YL, Hsieh YT, Hsu LL, Chuang SY, Chang HY, Hsu CC, Chen CY, **Pan WH***. Dietary Pattern Associated with Frailty: Results from Nutrition and Health Survey in Taiwan. J Am Geriatr Soc. 2017;65(9):2009-2015.

Chuang SY, Cheng HM, Bai CH, Yeh WT, Chen JR, **Pan WH***. Blood Pressure, Carotid Flow Pulsatility, and the Risk of Stroke: A Community-Based Study. Stroke. 2016;47(9):2262-8.

Lynn KS, Cheng ML, Chen YR, Hsu C, Chen A, Lih TM, Chang HY, Huang CJ, Shiao MS, **Pan WH***, Sung TY*, Hsu WL*. Metabolite identification for mass spectrometry-based metabolomics using multiple types of correlated ion information. Anal Chem. 2015;87(4):2143-51.